

COU3778 Youth Counseling

Course Syllabus

COURSE REQUIREMENTS

COU3778 Youth Counseling is an advanced course. Students must take COU1121 Counseling, Intro. prior to taking this course.

COURSE DESCRIPTION

This course provides an overview of the needs of children and youth “at-risk” in our society. This course lays the groundwork in psychology to support and facilitate understanding youths and their motivations and characteristics. This course enables the counselor to maintain a helpful relationship with the youth. Critical methods are explored. Fundamental counseling theories, skills, and techniques are examined.

You, the student, will develop counseling skills with a focus on children and adolescents. You will explore and gain an understanding for children’s behavior and motivations. You will become familiar with common emotional and behavioral disorders of children and adolescents. You will increase and develop your counseling skills. You will gain knowledge in growth and developmental difficulties.

LEARNING OBJECTIVES

The goal of this course is to help the student identify individual group and family interventions appropriate for individual cases and provide an overview of the developmental factors including physical, social, emotional, academic, spiritual, family, community, and cultural considerations. This course will help the student become familiar with children, adolescents and their needs. By the end of this course, all students should:

- Know the definition of social psychology
- Understand how people’s attitudes are externally changed through cognitive dissonance
- Explore the bystander’s effect
- Understand peripheral and central routes to persuasion
- Be able to describe situational versus this positional influence on behavior
- Describe the fundamental attribution error
- Have knowledge on the importance of student teacher relationship

ATTENDANCE

Attendance is mandatory for all students. Excellent attendance is imperative for mastery and application of the information dispensed. Whether you are sitting at a desk in a classroom or attending via Skype, your attendance is vital to your success. Late arrivals are distracting and disrespectful. Please refrain from being tardy. Grades will be affected by absences and tardiness. Participation in class is a prerequisite. You learn from lectures, discussions and presentations.

CLASSROOM BEHAVIOR

Students are expected to treat all persons with respect. We should all conduct ourselves in a courteous and responsible manner. Be considerate, you can disagree, don't insult.

Please set all your electronic devices to silent during class so as not to be a disturbance to others in the class.

TUTORIAL ASSISTANCE

We maintain an open-door policy for our students. We are absolutely willing to discuss any matter that may arise during the course. If you have any questions, problems, or need help with the course material, we urge you to reach out as soon as the issue arises. If you want to contest a grade, you must do so within 48 hours and put it in writing. Please ask your student advocate for help. If you do not have a student advocate send an email to: tutordept@usilacs.org.

NON-DISCRIMINATORY STATEMENT

All students regardless of age, race, gender, religion, physical disability, class, etc., shall have equal opportunity without harassment in this course. Any problems with or questions about harassment can be discussed confidentially via email at: hr@usilacs.org.

DRESS CODE

For students enrolled who are attending in a classroom or via Skype, please be sure you are dressed modestly and respectfully. Please refer to www.merriam-webster.com/dictionary/business%20casual. NO short shorts or skirts. Avoid low-cut tops. We want to present ourselves in a dignified manner at all times.

NETIQUETTE

- Always read through all the comments of the class before responding. This will avoid duplicating comments or questions asked.
- Avoid language that could be offensive. All profanity is strictly prohibited. Remember that using all caps when replying online signifies shouting. This would be rude and combative.
- Be sensitive to the fact that there will be fellow students from all parts of the world with many differing backgrounds and languages. Remember that slang and idioms will most likely be misconceived and/or misinterpreted. These should be avoided.
- Respect others views or opinions.
- Be thoughtful of the privacy of others. Ask permission before sharing email addresses or other personal information.
- Do not forward inappropriate material such as: virus warnings, chain letters, jokes, etc. The sharing of pornographic material is strictly prohibited.
- Use good spelling and grammar. Avoid using texting shortcuts.

- Strive to compose your comments in a positive, supportive and constructive manner at all times.

Any of these offenses will be dealt with by the school disciplinary committee.

ADA ACCOMMODATIONS

All reasonable accommodations will be provided for students with disabilities. Any student attending USILACS who needs an accommodation due to a chronic challenge (i.e. blindness, deaf or hard of hearing, mobility issues, psychological, or learning disability), register with:

USILACS Registrar's Office
1221 Brickell Ave.
Miami, FL 33131
1-305-330-2202
registrarsoffice@usilacs.org

ACADEMIC DISHONESTY/CHEATING

We encourage collaborating with others, either in person or online, to study and learn. When you complete your assignments or your exams, however, the wording has to be your own.

Plagiarism is the theft of someone else's work and ideas. You are permitted to cite or even quote someone else, however, you must properly cite them. There are two accepted ways of doing this. They are known as Modern Language Association (MLA) or American Psychological Association (APA). You can visit www.citationmachine.net for help in correctly citing information.

As a school that strives to maintain high moral standards, we strongly caution our students to be ethical and honest. Endeavor to be honest in conducting yourself in regard to any coursework you accomplish or exams you may take. Cheating is a dishonest practice.

REFERENCE MATERIALS

The vast majority of textbooks are outdated by the time they are published. USILACS education programs are not based upon outdated printed textbooks. USILACS programs are based on the most accurate and reliable knowledge available; specifically, up-to-date vetted internet-based information.

For those who would like some reference or Internet search recommendations, we would recommend the following.

2014) Psychology. Senior Contributing Authors: Rose M. Spielman, Formerly of Quinnipiac University, Kathryn Dumper, Bainbridge State College, William Jenkins, Mercer University, Arlene Lacombe, Saint Joseph's University, Marilyn Lovett, Livingstone College, Marion Perlmutter, University of Michigan. OpenStax.
(2010) Choral Techniques. Gordon Lamb, Jennifer Thornhill. OpenStax

(2017) Five Out of the Box Techniques for Encouraging Teenagers to Engage in Counseling -Vistas Online. Dr. Garry R. Walz and Dr. Jeanne C. Bleuer of Counseling Outfitters, LLC, Article no.3. American Counseling Association.

MINIMUM REQUIRED SUPPLIES

All students will need all of the following:

- Computer with camera, microphone, and speakers.
- Skype installed on the computer with an active Skype account.
- Internet
- Printer
- Notebook paper
- Pens/pencils

If the student does not have a computer or internet, there will be some available for use at the school in the computer lab.

GRADING SYSTEM

There will be three tests throughout the course. Each test will count for 33.3% of the final grade.

Grade	Percentage	Grade Point
A+	99	4.0
A	97	3.8
A-	94	3.7
B+	89	3.3
B	85	3.0
B-	81	2.7
C+	77	2.3
C	73	2.0
C-	69	1.7
D	66	1.0
F	59	0.0

All students must earn at least a “D” in order to pass the class.

ASSIGNMENTS

Personal experience paper –

Write a two page paper on the following:

Think back prior to the age lot 10 and try to remember a significant adult in your life whom you believe had a positive influence on your life. What do you remember most about the person and or about your relationship with? Describe as many things as you can remember. Describe the traits of that person or elements of the relationship that may still be with you today and explain why. Also tell why such a relationship is important for you to consider as a future counselor of youth.

Article review-

Complete 2 article reviews on papers from professional journals in the counseling field relating directly to counseling techniques used with children/adolescents. Tell about the technique used by the counselor and the results.

Out of the Box activity due-

Come up with your own “out of the box” technique for encouraging teenagers to engage in counseling session. Be creative. Explain the dynamics of your technique and why you feel it would be beneficial. Class will break up into groups of three and discuss each other’s techniques.

WEEKLY ASSIGNMENTS

Week 1	Overview of course and coursework Stages of development; Adolescence
Week 2	Social Psychology
Week 3	Social Psychology
Week 4	Attitudes and Persuasion <i>Personal experience paper due</i>
Week 5	<i>Video review and Exam</i>
Week 6	Attitudes and Persuasion
Week 7	Aggression and Bullying
Week 8	Aggression and Bullying <i>Article review due</i>
Week 9	<i>Video review and Exam</i>
Week 10	Choral Techniques- Teacher student relationship
Week 11	Five Out of the Box Techniques
Week 12	Counseling Association article <i>Out of the Box activity due</i>
Week 13	<i>Video review and Final exam</i>